



West Coast District Health Board

Te Poari Hauora a Rohe o Tai Poutini

Corporate Office
High Street, Greymouth 7840

Telephone 03 769-7400
Fax 03 769-7791

25 September 2018

[REDACTED]

RE Official information request WCDHB 9199

We refer to your email dated 27 August 2018 requesting the following information under the Official Information Act from West Coast DHB.

- **The Draft Suicide Prevention Action Plan for your district that has recently been submitted to the Ministry of Health. If the whole document is not available, please provide the following information:**
 - **The priority populations stated in the draft plan**
 - **All projects, activities or actions that are specifically identified or target men**

Please find attached as **Appendix 1** the current West Coast Suicide Prevention and Postvention Workplan Actions. The West Coast DHB Suicide Prevention Action Plan is currently being updated and an interim plan for 2018/2019 is expected to be available in the next two months.

I trust that this satisfies your interest in this matter.

Please note that this response, or an edited version of this response, may be published on the West Coast DHB website after your receipt of this response.

Yours sincerely

Carolyn Gullery
Executive Director
Planning, Funding & Decision Support

Areas of Activity

Action Areas	Objective
Approaches specific to vulnerable populations; <ul style="list-style-type: none"> • 20 -30 years Maori Males • Over 40 Males • Over 40 females 	Suicide prevention awareness to target groups e.g. Sports club, corrections, justice service, fire service and community leaders
	Improved Information sharing between DHB's
	Focus on prescribing education for high risk groups
Build the capacity of Maori whānau, hapū, iwi, and Pasifika families and communities to prevent suicide	To partnership with Te Putahitanga Pacific futures and Le Va
	Engage with Tatau Pounamu to ensure ongoing participation for Māori with Suicide Prevention activities
	Focus on Tane Ora
Ensure a range of accessible support services is available for families, whānau and others who are bereaved by suicide	Work with David Cairns to develop a range of resources and response for people bereaved by suicide
	Continue to engage with and provide support to community groups program
	Establish level of support required for WAVES and describe commitment to funding
Encourage responsible reporting around suicide	Develop a joint multiagency plan of Postvention
	Work with the WC communication team to develop positive/appropriate messaging
Improve services and support for people experiencing mental health problems and alcohol and other drug problems	Focused education and development plan for MH staff including risk assessment, talking therapies, Health learn trainings with planned refresher training which will be time

	Support primary care to better recognise and respond to people with mental health problems at risk of suicide by utilising Health Pathways and explore the new MH credentialing program that is being rolled out nationally (Heather Casey)
	Access to safety plans and self-help tools in the ED setting and medical ward prior to discharge home.
	Expand and improve access to AOD and Crisis services across the coast including phone and online options
Promote resilience building activities in the region to respond to early risks, promote mental health and wellbeing and prevent suicide.	Support Health Promoting Schools and other agencies in promoting wellbeing within West Coast schools
	Work with relevant agencies to reduce the harm associated with alcohol and other drugs
	Ensure a coordinated approach to support and promote relevant community-based initiatives with a suicide prevention focus.
Train community health and social support services staff, families, whānau, hapū, iwi and community members to identify and support individuals at risk of suicide and refer them to agencies that can help	Develop an agreed training calendar for the West Coast